What is HIV Criminalization?

“HIV criminalization” refers to the use of criminal law to penalize alleged, perceived or potential HIV exposure; alleged nondisclosure of a known HIV-positive status prior to sexual contact (including acts that do not risk HIV transmission); or non-intentional HIV transmission. Sentencing in HIV criminalization cases sometimes involves decades in prison or requires sex offender registration, often in instances where no HIV transmission occurred or was even likely or possible.

In more than 1,000 instances, people living with HIV have faced charges under HIV-specific statutes in the U.S. Thirty-three states (and two U.S. territories) have HIV-specific statutes that apply only to people living with HIV—an immutable characteristic that some are born with and others acquire. Only those who get tested and know their HIV-positive status are prosecuted, something that can discourage those at risk from getting tested and accessing treatment for fear of future prosecutions.

HIV criminal laws are based on long-outdated and inaccurate beliefs about the routes and risk of HIV transmissions. Such laws perpetuate misperceptions about risks for HIV transmission and increase stigma against people living with HIV. By placing those who are aware of their HIV-positive status at increased risk of prosecution, HIV criminal laws contradict public health goals seeking to expand HIV testing and engagement in care and treatment.

Consequences for People with HIV

HIV criminalization creates a challenging legal environment for people living with HIV. Further, it creates additional barriers to testing, treatment and disclosure of HIV status. Such laws also put people living with HIV at heightened risk of vigilantism and violence. Even in instances when it has been demonstrated that a person living with HIV had an undetectable viral load (which has been shown to virtually eliminate the risk of transmission) and used condoms, long sentences have not been unusual.

Examples include sentences of 25 years in Iowa, 30 years in Idaho and seven years in Michigan. What’s more, about 25% of recent criminalization cases were for biting, spitting or scratching. Despite the fact that those actions do not transmit HIV, the cases still resulted in disproportionately long sentences—for example, a 35-year sentence in Texas and a 10-year sentence in New York. In addition, convicted individuals may be required to register as sex offenders.

HIV criminal laws often are based on long-outdated and inaccurate beliefs rather than real science.

Consequences for Public Health, Health Care Providers and Legal Services

HIV criminalization undermines public health efforts, is an impediment to care for people living with HIV and puts an undue burden on resource-constrained legal systems. Such laws:

✔ Punish responsible behavior—getting tested—and privilege ignorance of HIV status. Yet most new infections are transmitted by people who do not know they have HIV.

✔ Create mistrust of and lessen cooperation with traditional, effective public health initiatives such as partner notification and alienate people living with HIV from their health care providers.

JOIN THE CONVERSATION! #AIDSWatch
Support the REPEAL HIV Discrimination Act (Repeal of Existing Policies that Encourage and Allow Legal HIV Discrimination)

We strongly urge co-sponsorship of bills in the House and Senate related to REPEAL. Congress must send a message that federal and state laws, policies and regulations regarding people living with HIV should:

• Not place unique or undue burdens on individuals solely as a result of HIV status.
• Be based on best public health practices.
• Reflect evidence-based, medically accurate and up-to-date understanding of the routes, risks and consequences of HIV transmission.
• Have an understanding of the implications of effective anti-retroviral therapy on HIV prevention.
• Understand the negative impact of punitive HIV-specific laws, policies and regulations on public health and affected people, their families and communities.

In particular, the REPEAL HIV Discrimination Act:

• Directs the U.S. Attorney General (AG), as well as the Secretaries of the Department of Health and Human Services (HHS) and the Department of Defense (DOD), to initiate a national review of federal (including military) and state laws, policies, regulations and judicial precedents and decisions regarding criminal and related civil commitment cases involving people living with HIV.
• Directs the AG to communicate to Congress and make publicly available the results of such review with related recommendations.
• Requires the AG and HHS Secretary to: 1) develop and publicly release guidance and best practice recommendations for states and 2) establish an integrated monitoring and evaluation system to measure state progress.
• Directs the AG and HHS and DOD Secretaries to transmit to the President and Congress any proposals necessary to implement adjustments to federal laws, policies or regulations.
• Prohibits this Act from being construed to discourage the prosecution of individuals who intentionally transmit or attempt to transmit HIV to another individual.
• Does not have any fiscal ramifications.

6 State vs. Rhoades (Iowa 2010).
7 State vs. Thomas (Idaho 2009).
8 State vs. Merithew (Michigan 2013).
10 State vs. Campbell (Texas 2008).